



## **Heartland Elementary Prevention Plan 25-26**

*Heartland Elementary's Mission: Students and staff put the heart in Heartland by Caring for Self, Caring for Others, and Caring for Community (3 Cs).*

### **Prevention Plan Overview**

Heartland actively focuses on prevention by providing social and emotional education, recognizing students' engagement and achievement, and providing access to mental health and wellness resources. Heartland gathers data and information, analyzes data, and further coordinates additional resources to support Heartland students and families. Some of our everyday efforts, the systems and strategies for supporting our students are listed below:

- Heartland has established the CARES Team which addresses barriers to student academic success. The CARES Team is primarily focused on student attendance, at-risk behaviors, and social and emotional information gathered from students.
- Heartland has adopted a social and emotional learning curriculum. Teachers in Kindergarten through Grade 6 teach regular lessons to students. These lessons include problem solving, kindness, emotional regulation, coping skills, empathy, conflict resolution, among others.
- Heartland administration teaches quarterly lessons focused on helping students learn more about how to Care for Self, Care for Others, Care for Community (3Cs).
- Heartland reinforces students who are following the 3 Cs by giving them Howlers they can then use each week at the school store.
- Heartland's leadership team goes in to classrooms once per month to participate in Morning Meetings and celebrate the Heartland 9, which are skills/traits of the month.
- Heartland has a Wellness Center where students can self-refer or staff can refer students for a 10 minute wellness break.
- Heartland teachers nominate one student per class every week who displays or improves their social/and or emotional skills in the school. These students participate in our Husky High-Five program.
- Heartland teachers nominate one student per class every month who displays academic growth. Nominated students are publicly recognized by school administration with a Student of the Month certificate.
- Heartland uses Skyward and Panorama data management to identify students in need of additional support.
- Heartland students have access to a full time school psychologist and a full time school counselor.
- Heartland has a Community Resource Coordinator to help families of students gain access to food, clothes, and other basic needs.

- Heartland provides access to District mental health and support resources through Student Services which includes the Jordan Family Education Center (JFEC) and Mental Health Access Program (MHAP).
- Heartland provides access to academic support with District departments to support the success of every student.
- Heartland's mental health providers (school counselor and school psychologist) are trained and supported by District administration to follow current best practices in prevention and intervention efforts.
- Heartland intervenes with early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk.
- Heartland provides access to parent and family resources including a District partnership with the Cook Center for Human Connection, evening parent seminars, and classes through the Jordan Family Education Center.

## **Suicide Prevention Plan**

- Heartland's mental health providers and administrators are trained on and review District suicide risk intervention guidelines annually with support from Jordan District's Student Services Team.
- All of our school's licensed staff participate in suicide prevention training for their license renewal.
- Students identified who may be at risk of suicide receive interventions and supports appropriate to their individual needs which may include a screening interview (CSSR-S), parent/guardian contact, a safety plan, mental health recommendations/referrals (JFEC, MHAP, etc.), a re-entry meeting, and regular follow-up.
- Students in 5th and 6th grade participate in a suicide prevention program. This program includes understanding emotions, how to get help for yourself, and how to get help for a friend. Families must provide consent before students participate in the instruction.
- The Heartland CARE Team analyzes school data from the Wellness Center, office discipline referrals, and Panorama surveys to identify students who may benefit from additional support.

## **Bullying, Harassment, and Discrimination Prevention Plan**

- Heartland proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan supports accordingly.
- Heartland uses the program STOP, WALK, and TALK to help students and staff members respond to bullying or harassment in a consistent and empowering way.
- Heartland's staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents.
- Heartland staff documents and reports incidents of bullying, harassment, and/or discrimination in Panorama and to school administration.
- Heartland administration documents incidents in Skyward according to State requirements. Heartland administration will follow district policy and the school's code of conduct in regards to discipline of students who violate the bullying, harassment, and/or discrimination policies.
- Students involved in incidents of bullying as victims, aggressors, or witnesses receive support for their individual needs which may include suicide risk assessments, counseling and mental health services (i.e. school mental health team, JFEC, MHAP), Functional Behavior Assessment (FBA), Behavior

Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that targets, aggressors, and witnesses of bullying are more susceptible to school problems.

- In the beginning of the school year, Heartland has a Bully Prevention Month. All month long, students and staff are trained on how to prevent, intervene, and report bullying at Heartland. This includes cyberbullying and digital citizenship.

## **Violence Prevention Plan**

- Heartland’s administrators are trained on the Comprehensive School Threat Assessment Guidelines (C-STAG).
- Heartland has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (C-STAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Heartland’s staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence.
- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs which may include problem solving, C-STAG interviews, suicide risk assessments, Functional Behavior Assessment (FBA), restorative conferencing, Mediation, a Behavior Intervention Plan (BIP), counseling and mental health services (i.e. school mental health team, JFEC, MHAP) a student wellness plan and/or parent contact.
- Heartland requires all visitors to check in at the main office. Heartland regularly conducts safety audits around the building checking for locked doors, access points, etc.
- Heartland uses restorative practices to help resolve conflicts with students, especially those which involve threats of violence.

## **Additional Strategies**

- Heartland PTA organizes a White Ribbon Week which focuses on digital citizenship.
- Heartland PTA also coordinates Red Ribbon Week which focuses on drug abuse prevention.
- Heartland PTA organizes a Week of Care which emphasizes the Heartland’s 3 C’s.
- Heartland coordinates an annual Family Week during which family-focused activities are sent home each day with students.
- Heartland hosts a Walk to School Day twice annually when all students are encouraged to walk to school with family members and friends.

This prevention plan has been created following Jordan District guidelines, which can be reviewed at [wellness.jordandistrict.org](https://wellness.jordandistrict.org).